

THE SOLENT INN

LUNCH MENU SERVED 12 TILL 3

LIGHTER BITES

Homemade breaded chicken goujons served with a garlic mayonnaise dip £4.50

Nachos topped with sour cream, guacamole, salsa, Jalapenos and melted cheese.

Add our homemade house chilli for an extra £1.50

Small £4.95 Large £6.95 (v)

Homemade soup of the day served with thick crusty Bread £3.95

Breaded whitebait served with a homemade tartare sauce and a generous wedge of bloomer £4.95 (v)

BBQ chicken wings served with salad and a honey and BBQ dip £4.95

Salmon fish cakes served on a bed of salad and Served with homemade tartare sauce and mushy peas £4.95 (V)

MAINS

Traditional butcher's pork sausages served on a bed of creamy mash potato, served with homemade onion rings and red wine gravy £6.95

Honey and mustard Wiltshire ham topped with two eggs and served with chips and salad £6.75

Homemade beef or vegetarian chilli, served on bed of rice and accompanied by tortilla chips and sour cream £6.95 (v)

Traditional tod in the hole served with creamy mash and red wine gravy £6.95

Shortcrust, beef and chorizo or chicken and leek pie served with a creamy mash potato, seasonal vegetables and red wine gravy £7.25

Homemade beef or vegetable lasagne, served with ciabatta garlic bread and salad £6.95 (v)

Pan fried lambs liver, bacon & onion served with creamy mash potato and red wine gravy £6.95

Roasted chestnut & herb pesto pasta with mushrooms £6.25

TOASTED PANNI OR CIABATTA Accompanied with salad garnish & crisps

Chicken and bacon in a spicy mayo sauce £4.95

Spicy Italian served with salami, pastrami, ham and Cheese £4.95

Tuna Mayonnaise and cheese £4.50

Breakfast Sausage, bacon and egg £4.75

Sun dried tomato & pesto £4.25 (v)

Bacon, Lettuce, tomato and mayonnaise £4.50

Honey and mustard Whiltshire ham and cheese £4.75

Tomato, feta and oregano £4.25 (v)

SUNDAY ROASTS

Served Sunday 12pm till 4pm
Please see our boards or ask a team Member for more information

SIDE ORDERS

Ciabatta garlic bread £2.75
Homemade onion rings £2.50
Portion of fries £2.75
Homemade Coleslaw £1.50

7 Monkton Street, Ryde, Isle of Wight PO33 1JW

TEL: 01983 613761 E-MAIL: solentinnryde@gmail.com website: www.Solentinnryde.co.uk part of the Inspirational Pub Co

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If you require information about the presence of allergens in any of our food or drink, please ask your server who will be happy to provide you with this information. Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen foods may be at risk of cross contamination of ingredients.

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